

# GIVE *it a* TRY

## ON NATIONAL DAY FOR TRUTH & RECONCILIATION



Join us at Legacy Park on Tuesday, September 30th, from 10 AM – 3 PM, for a free, family-friendly day of movement, play, and connection. Together, we will honour the spirit of Truth and Reconciliation by celebrating the power of sport to bring people together.

### EVENT HIGHLIGHTS

- Lacrosse with Coach Chad
- Roller hockey with Dave
- Fitness with Tyler
- Skateboarding with Husky
- Free play with Shawn
- and more!

### What you need to know:

- Pre-register for the event online →
- There is no cost to participants
- All ages welcome, families are encouraged to participate together
- Light lunch will be provided for participants

