

February

Piitaiki'soom - Eagle Moon
Sawómmitsiki'somm - Deceiving Moon



Save the Date...

February 7th: Town Hall @ VP 6:30pm

February 10th: Last day for kitsikakomimm donations

February 14th: Women's Memorial March

February 14th- 18th: Women's memorial Art Walk @ Coalbanks Trail

February 15th: Pink Shirt Day

February 17th: Random Acts of Kindness Day

February 20th-24th: Reading Week/Teachers' Convention

February 25th and 26th: International Peace Powwow @ The Enmax



Around town...

U OF L JOIN US FOR A PEACEFUL SILENT PROTEST

Come to support your fellow students and Lethbridge community.

WHERE/WHEN ANDERSON HALL FEBRUARY 1, 2023 @3 PM

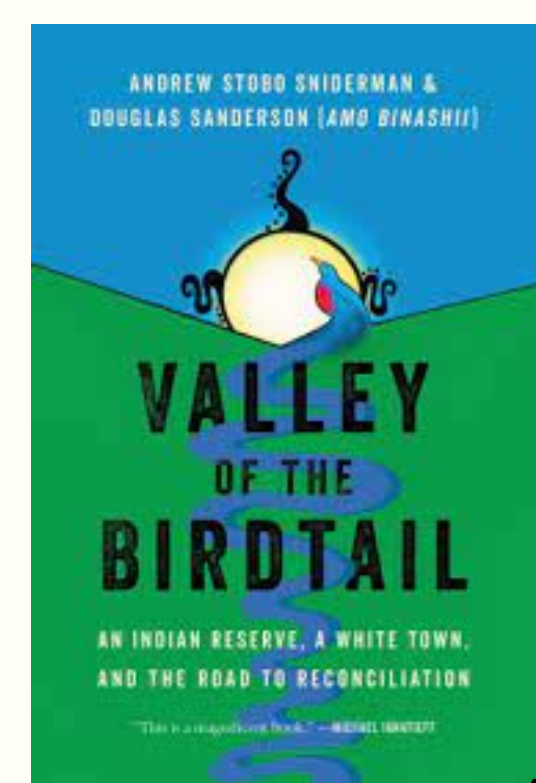
- Here to protest the promotion of hateful rhetoric and how it can harm the wellbeing of community members.
- The protest will be a peaceful and silent protest we strongly encourage protesters not to engage with the facilitators and speakers at this lecture.
- For an institution that fosters community relations with local Indigenous communities this public lecture being held on campus is counterproductive.

Student Supports
Mental Health supports are available for students who are struggling with the presents of Frances Widdowson on campus.

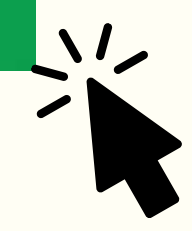
Counseling Services

Office: AH153 Contact: 403-320-2843
For more information: https://www.uofl.ca/counseling/ Email: counseling.services@uofl.ca

Silent Protest @ the University of Lethbridge regarding the invitation of Residential School denialist



Click to watch the authors discuss the book: "Valley of the Birdtail: An Indian Reserve, A white town, and the road to reconciliation"



Indigenous cooking classes

Women's memorial art walk

Exhibits at CASA

BLOOD TRIBE

Hali Heavy Shield – Postcards from the Rez

Exhibition Opening January 28, 7pm – 9pm Hali Heavy Shield – Postcards from the Rez Nato'yikina'soyi Holy Light that Shines Bright/ Hali Heavy Shield is a multidisciplinary artist and educator from the Blood Tribe (Kainai) of southern Alberta. Hali's work is influenced by experiences in her home community, including Blackfoot stories, significant sites, family, [...]

SERIES: Gallery Exhibition

DATE: January 28, 2023 - March 25, 2023

EXHIBITION

John Chief Calf – Past, Present, and Friendship

Exhibition Opening January 28, 7pm – 9pm John Chief Calf – Past, Present, and Friendship Aapoyaawa. Fair Brown Chief Calf, was my adopted Grandfather. He had a profound influence on me as a child. I remember he would take for walks and I would help him pick his herbal medicine. I understood as a [...]

SERIES: Gallery Exhibition

DATE: January 28, 2023 - March 25, 2023

LOCATION: Casa - Concourse Gallery

Interfaith Kitchen
Chinook Country Kitchen

All My Relations
Indigenous Youth Cooking Program

This is a great opportunity for youth to cook many different recipes, including traditional recipes, learn from Elders, discover how nutrition is important for the mind, body, heart, and spirit and learn new skills in the kitchen.

7 sessions: Every Thursday from February 16 - March 30, 2023 4:15pm-6:15pm

Each session provides:

- A recipe and all ingredients (plus extra to take home to your family)
- Information on nutrition
- Information on kitchen and food safety

Cooking classes create connections and help bring a sense of well-being to everyone!

For more information or to register please contact Janine Jackson 403 320 4232 ext 215 or janine.jackson@famcentre.ca

Family Centre Suite 225, 200-4 Ave. S. Lethbridge, AB T1J 4C9 403-320-4232 Website: www.famcentre.ca

Facebook: lethbridgefamilycentre Instagram: @familycentrelg LinkedIn: #Family Centre Society of Southern Alberta Helpseeker: Family Centre

Women's Memorial March Lethbridge
January 28 at 11:20 AM

Last day to submit for display February 7, 2023, noon. (Artwork submitted after deadline will be displayed in 2024).

If you would like to contribute to the Artboard, please email admin@allethbridge.com.

Art will be printed on chloroplast signs Dimensions: Height 32" X Width 24" The chloroplast sign will then be attached with screws into 32" X 24" A frame signs.

TUE FEB 14 AT 1 PM
2023 Women's Memorial March Artboard Walk Feb. 14 - March 18
Nature Reserve Park - Coalbanks Trail Nature Centre Parking Lot Start 49.699549, -112.860305...

Kitsikakomimm...



KITSIKAKOMIMM

I LOVE YOU



CALL FOR PARTICIPATION!

The Lethbridge School Division Indigenous Education Department would like to invite you to be a part of the Kitsikakomimm project.

Our goal is to collect donations for the SAGE Clan. The SAGE clan is a grassroots community patrol that specializes in helping the homeless and those suffering from addiction. The SAGE clan patrols at night in the Lethbridge downtown area and provides snacks, water, clothes, and a person to talk to.

High schools and middle schools collecting:

- water
- hygiene items
- socks
- gloves
- hats, etc.

Elementary schools collecting:

- valentines cards
- pictures
- inspirational notes

All cards, pictures, and notes can be sent to Melanie Morrow @ Division Office!



BLACKFOOT WORDS

Love

Kitsikakomimm (git-si-ga-go-mimm)

Be brave

iiyikitapiiyi (ii-ga-gee-mat)

Hope

itotsiihtaa (e-dots-sih-da)

Happy

i'taam (e-dahm)

Beautiful

niitsi (nit-seew)

Show kindness

ikimm (ik-imm)

Work Hard

iika'kimaat (ig-ga-gee-mat)

Feel grateful/be appreciative

iniiyi'taki (inii-yi-daki)

Highlights...

Lethbridge Christian Literacy Night



Fleetwood Tipi's!



Fleetwood Buffalo Kit



Lakeview Inuit Kit!

Lakeview Buffalo Kit!

Bulletin boards at Lakeview!



Beautiful new rug above the Park Meadows front office!