



NEWSLETTER

April 2021

PHONE 403.328.9965 **EMAIL** meadows@lethsd.ab.ca **WEBSITE** pm.lethsd.ab.ca

Happy Spring Park Meadows families!

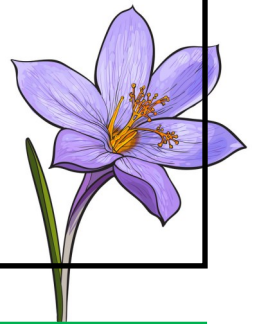
We had such a fantastic March. Students spent much of their days playing, creating and building with boxes. The student's imaginations took off and we were thrilled to see the Learning Commons fill up with creations. We also had beach day, which fell on one of our winter weather days—I always appreciate an ironic day.

Our first hot lunch was in March and it was great to see the excitement of students to have something similar to pre-COVID days.

Have a fantastic April friends and family! We look forward to warmer days ahead.

As always—reach out if you need anything!

-Sharon Willms-Laing



Spring Picture Day

Monday, April 26th

More details will be sent out closer to the date.

Kindergarten Grad Photos will be taken on
Monday, April 26 & Tuesday, April 27

Upcoming Events

Thursday, April 1 — No EEP Classes

Friday, April 2 — No School

Monday, April 5 to Friday, April 9 — Spring Break

Monday, April 12 — No School for Students

Tuesday, April 20 — Last day to order Hot Lunch (by noon)

Tuesday, April 20—School Council Meeting

Wednesday, April 21 — Rainbow Day

Monday, April 26 — Spring Picture Day

Thursday, April 29 — Boston Pizza Hot Lunch



GET INVOLVED!

We invite all parents and guardians to join us at the upcoming *School Council Meeting* on **Tuesday, April 20 at 6:30PM**

For more information contact your school council at parkmeadowsparentcouncil@gmail.com

A huge thank you...

All of us at Park Meadows School want to send a mega-thanks to Mr. Bassendowski and his team at EggSolutions EPIC for donating 1000 disposable masks to our staff and students!!



upcoming hotlunch

Thursday, April 29



Last day to order is
Tuesday, April 20 (by noon)

www.schoolcashionline.com



Please be mindful and respectful when driving in the alleyway to the east and south of our school. If you choose to use the alley to pick up/drop off your child, please do not park directly in front of garages that face the alley and please drive with care as many of our students and their families cross here to access their vehicles or their homes in the neighborhood.

Reminder that our Staff Parking lot is not permitted for parents to drop off/pick up students. Help us by keeping our parking lot safe for everyone by not using it as a drop off or pick up location for your child. Only students requiring access due to limited mobility may access the handicap parking stalls in our lot.

Registration Update

Grades 1 to 5 - Registration will begin shortly after Spring Break. Check your emails for updates on the registration process for the 2021/22 school year.

Kindergarten - Kindergarten registration for the 2021/2022 school year has started. Your child must be 5 years old on or before December 31, 2021 to be eligible to register. We require a copy of your child's birth certificate at the time of registration. Registration forms are available on our website www.pm.lethsd.ab.ca. Completed forms can be brought to the school or emailed to meadows@lethsd.ab.ca





Our Lost & Found pile is growing. Are you missing some items? After the break, a table will be set up at the front of the school displaying all the items. This table will only be up until Friday, April 23. Please ring the front doorbell when you come to have a look.



Registration, PowerSchool, School Cash Online, Hot Lunch, Picture Day... If you ever have any questions or need any assistance, please do not hesitate to contact the office. Our phone number is 403 328 9965 or you can email us at meadows@lethsd.ab.ca.



APRIL 2021

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
				1 No EEP Classes	2 No School Good Friday	3
4	5 No School Spring Break	6 No School Spring Break	7 No School Spring Break	8 No School Spring Break	9 No School Spring Break	10
11	12 No School for Students	13	14	15	16	17
18	19	20 Last day to order Hot Lunch (by noon) School Council Meeting	21  RAINBOW DAY	22	23	24
25	26 Spring Picture Day Kindergarten Grad Photos	27 Kindergarten Grad Photos	28	29 Hot Lunch Boston Pizza	30	

APRIL 2021

Matsiyikkapisai'somm



Frog/Matsiyikka pisaa/Grenouille/Gornoyl/Rana Month

English

Blackfoot

French

Michif

Spanish

BLACKFOOT SNAKES AND FROGS STICK GAME:

- 4 large popsicle sticks
- 2 frog sticks/2 snake sticks: leave one side of each stick blank
- teams of four (each team needs a set of popsicle sticks)
- Each player holds a stick and drops them at the same time
- If sticks land with all four designs upright the team gets 4 points
- If they land all four blank side up the team gets 3 points
- if two snakes are showing the team earns 2 points
- if two frogs are showing the team earns 2 points
- the first team to 20 points wins

(The Lethbridge Herald, 1993)



Click here for video!

Annette Bruised Head offered her insights about why April is called 'Frog Month'. She said, "it is the time when we hear the frogs. When the winter storms have passed and the moisture returns to the wetlands and they begin to turn green with new grasses. That is when frogs come to lay their eggs and bring life to all those creatures that depend on these areas" (2021).

EARTH DAY IS APRIL 22ND

Blackfoot (Niitsitapii) ecological beliefs and knowledge is grounded in sustainability. This means only taking what is needed from the land for survival. It is of Indigenous belief to ensure exploitation of resources does not occur.

"I ask that you will be careful not to injure the trees, or break the branches of the berry bushes. I make this request because I am looking ahead for my tribe. I am anxious to preserve these big trees and berry bushes for our children" (McClintock, 1999, p. 386).

EARTH DAY MENU

ARTISTS FOR THE EARTH



REPURPOSE

- Tie plastic grocery bags into string to weave into a rug, a jump rope or purse.
- Keep plastic jugs and bottles and transform them into watering cans for your plants, pencil holders, vases, birdfeeders, etc.
- Transform old clothes into blankets, pillows, or bags.
- Use fruit peels to make all natural, colorful candles.

BUILD

- Collect recyclables from your home to build a recyclable sculpture.
- Gather items from outside and make tiny houses for the creatures outside. See what materials make for the most beautiful and/or durable houses.
- Build and decorate bird houses or insect hotels to place outside.
- Collect rocks and place them in shapes and patterns outside.

WRITE

- Write a creative story about what a sustainable future looks like to you. What are your favorite features?
- Write a poem about environmental degradation and how it makes you feel.
- Write and direct a play about climate change in your community.
- Write an eco-song and perform for your family and friends.
- Write an essay on climate change.
- Submit your stories/essays/poems to a local newspaper or contest.

CREATE

- Take pictures of the environment around you and host a photography exhibit of your work.
- Create a design a Naturalist Field Guide for the species of plants and animals near you.
- Design puppets and perform a story about the Earth and its species.
- Design and distribute Earth Day posters to help your community get involved.
- Create pieces of art to bring awareness to specific issues in your community.

Visit EARTHDAY.ORG to learn more



John C. Caldwell
2021

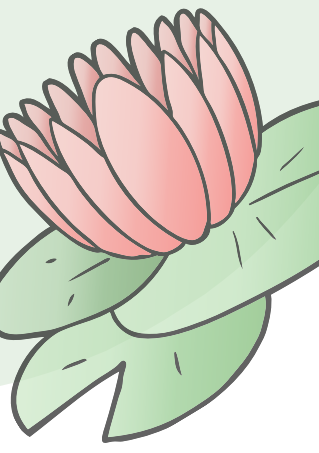
Introducing our new Indigenous Education Department logo



APRIL 2021



Youth Programming



SE7EN STARS YOUTH SOCIETY

WHEN

- Weekly Cultural Programs: Wednesday 3-6PM
- Elder knowledge transfer: Meet 4 times a month via zoom
- Parents and Se7en Stars smudge: weekly

WHERE

Lethbridge Friendship Centre
1709 2nd Ave S, Lethbridge

AGES:

- ◊ 13-19 (ADOLESCENT)

"PROVIDING OUR URBAN INDIGENOUS YOUTH WITH PROGRAMS TO ASSIST ON FINDING IDENTITY THROUGH CULTURE AND CEREMONY"

CONTACT:

- ◊ THE SE7EN STARS YOUTH COORDINATOR TO REGISTER TODAY!
- ◊ PHONE: 403-328-2414
- ◊ ASK FOR LATOYA HEALY

The Lethbridge and Area Métis



UPCOMING EVENTS IN APRIL

JOIN US IN OUR UPCOMING YOUTH PROGRAMMING SESSIONS

FOR YOUTH AGES 12-29
CONTACT THE OFFICE TO REGISTER AND RECIEVE THE VIRTUAL LINK FOR THESE SESSIONS!
ALL SUPPLIES WILL BE PROVIDED FOR SESSIONS!

P: 403-328-7828

E: INFO@LETHBRIDGEMETIS.COM

Beginner
Beading Basics
APRIL 1, 2021
4:00 PM
Learn beading basics and how to bead a Métis Flower!

Learn Michif
April 8, 2021
7:00 PM
Learn the beginning basics of one of our traditional languages- Michif!

WOLF WILLOW BEADS
April 28, 2021
6:00 PM
Learn about the traditions of the wolf willow seed and make your own Métis Rosary!

Learn Michif
April 19, 2021
7:00 PM
Learn the beginning basics of one of our traditional languages- Michif!

SEASONS OF THE TRADITIONAL METIS
April 14, 2021
4:30 PM
Learn about the circle of life and seasons in the Métis homeland!

thank you ❤️

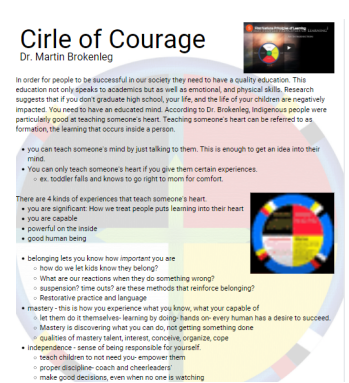
BIG shout out to our Elementary schools!! This month has been BUSY and I could not be more thankful. Your participation in presentations, lessons, announcements, and inquires has been nothing short of amazing. You're engagement in learning more about Indigenous Ways of Knowing and embedding this in your practice is inspiring. Our students are lucky to have such high quality educators. A few highlights...

Buffalo Kit @ Probe

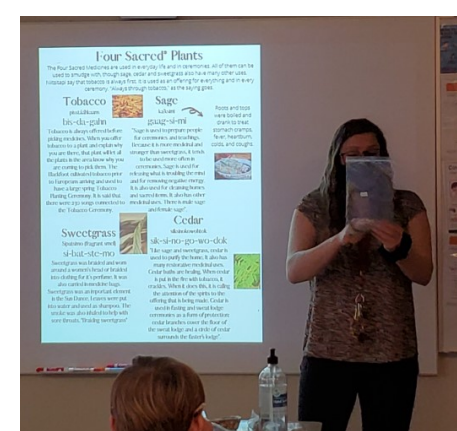


Circle of Courage @ Buchanan

Circle of Courage
Dr. Martin Broberg



Wolf Willow Seeds @ Probe



Sacred Plants @ Probe



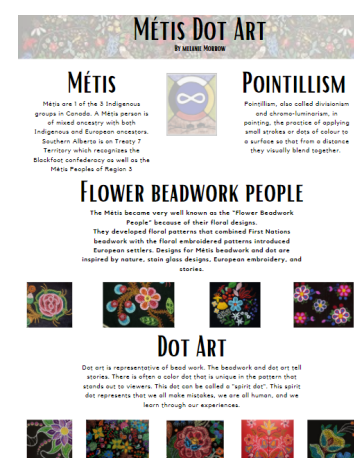
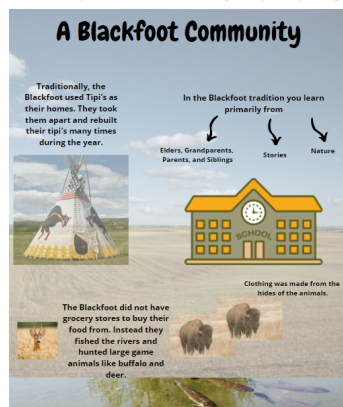
Importance of the Buffalo @ Coalbanks

Wolf Willow Seeds @ Buchanan



Sacred Plants @ Lethbridge Christian

Blackfoot Community @ Park Meadows



Métis Dot Art @ Park Meadows & General Stewart

References:

- Bruised Head, A. (2021) Personal Communication
- Earthday.org. (n.d). Earth day menu: Artists for the earth. Retrieved from <https://www.earthday.org/wp-content/uploads/2021/03/EARTH-DAY-MENU-Artists-for-the-Earth.pdf>
- McClintock, W. (1999). The old north trail, or, life, legends, and religion of the Blackfeet Indians. University of Nebraska Press, Lincoln
- The Blackfoot Confederacy Nations of Alberta. (2017). Traditional knowledge and use assessment, city of Lethbridge. Retrieved from <https://www.lethbridge.ca/Doing-Business/Planning-Development/Planning/Documents/SSRP/Traditional%20Knowledge%20and%20Land%20Use%20Assessment%20Final%20Report%20Revision%201.pdf>
- The Lethbridge Herald. (1993, March). Snakes and frogs fun stick game.

Keep an eye on your e-mail for upcoming CRC resource kit updates!

