



NEWSLETTER

October 2020

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What a wonderful month September has been! Amidst many changes, an extended break from school, and navigating new 'normals,' we have, from my perspective, settled in well.

I have long enjoyed this time of the school year. Routines are now in place, students have grown accustomed once again to school life, and things just seem to flow.

There are some great things ahead for us at Park Meadows in October! We will have the chance to show off some dance moves, raise funds together for our school, and have a chance to celebrate Thanksgiving with our families.

This is truly a wonderful place to be, let's get started on making some great memories this month!

Your Vice Principal, Ms. Candice McMurren



Lifetouch Picture Day

Monday, October 5th

In-School Learners will come to the gym with their Teacher during the day.

At-Home Learners 1:15pm to 2:45pm

Please line up outside the front doors beginning at 1:15pm

Masks must be worn.

Upcoming Events

Monday, October 5 — Picture Day

Monday, October 12 — Holiday—NO SCHOOL

October 13 to October 16 — No School for Students

Thursday, October 15 — Parent/Teacher Interviews

Friday, October 16 — Parent/Teacher Interviews

Tuesday, October 20 — School Council Meeting AGM

Thursday, October 29 — Monster Mash Dance-a-thon (details to come)

Thursday, October 29 — Dress Up Day (Student's may choose to wear their Halloween Costume to school.)



Monday, Oct. 12	Tuesday, Oct. 13	Wednesday, Oct. 14	Thursday, Oct. 15	Friday, Oct. 16
Holiday NO SCHOOL	Professional Learning Day NO SCHOOL FOR STUDENTS	Professional Learning Day NO SCHOOL FOR STUDENTS	AM: Professional Learning Day NO SCHOOL PM: Parent / Teacher Interviews via TEAMS or phone calls (12noon – 7:45pm) NO SCHOOL for students	Parent/Teacher Interviews via TEAMS or phone calls (8:30 – 11:30) NO SCHOOL for students

GET INVOLVED!

We invite all parents and guardians to join us at the upcoming **AGM School Council Meeting** on **Tuesday, October 20** at **6:30pm** in the **Learning Commons**.

For more information contact your school council at parkmeadowsparentcouncil@gmail.com

Lethbridge Family Services is launching their 2020

angel tree

CHRISTMAS CAMPAIGN

If you or someone you know would like to apply, please contact the school office at (403) 328.9965, email alex.mulner@lethsd.ab.ca or register online at www.lfsfamily.ca

Thank you to everyone who participated in our Terry Fox Run.
The total amount donated by Park Meadows School was...

\$497.90



A special thank you to our SRO, Cst. Thibeau for joining us and directing traffic during the run.



COUNSELLING

Meet Taylor...

Hello, my name is Taylor Reid-Allen, and I am a practicum student from the University of Lethbridge Addictions Counselling Program. This semester I am doing my placement at Park Meadows Elementary School with the teacher counsellor, Alex Ann Mulner. After I've completed my program, my intention is to go more in depth working with children. I'm thrilled to be here and excited to do work in this field. My program gives me a unique background and understanding to help provide social, emotional, and academic support to students.

Welcome to the Park Meadows Team!

Want To Help Angel Tree?
Drop Off a New, Unwrapped Toy:

- Lethbridge Family Services (1107 2A Ave N)
- At any of our official Angel Tree drop-off locations (visit our website for all locations)

Are You In Need of Angel Tree Services?

- Beginning Oct. 5, you can register on our website to receive a Christmas bundle for your child (www.lfsfamily.ca)

angel tree
CHRISTMAS CAMPAIGN

Lethbridge Family Services | Angel Tree Christmas Campaign

happy
FALL
y'all

THE LOOP

OCTOBER 2020



MHCBS Wellness Team



Hello, Lethbridge School Division!

Welcome to the first edition of THE LOOP! Our school and community partners provide ongoing supports and services to our families. The purpose of this newsletter is to share what supports are available in our wonderful city! THE LOOP will provide you with snapshots of professional development opportunities, community partner updates, child and youth community activities and referral information.

We hope THE LOOP helps you to stay informed.

Stay Connected!



SCHOOLGUIDE

Download the latest reminders, news, events and emergency alerts for your child's school.

Community LINKS

Your source of community, health, social and government services and programs in Southern Alberta.

Virtual Professional Development

The **Connections Project** is a positive mental health initiative to support staff and students. In collaboration and under the leadership of Dr. Jody Carrington. The project has focused on building a common understanding around attachment theory, emotional regulation and relationship building.



[CLICK HERE](#)

Community Partner Support Highlights



[CLICK HERE](#)



Boys & Girls Club of Lethbridge & District

[CLICK HERE](#)



[CLICK HERE](#)



[CLICK HERE](#)

Need Support?

KidsHelpPhone.ca
1 800 668 6868

Kids Help Phone

KIDS ACROSS CANADA CAN NOW TEXT

686868

AND BE CONNECTED TO TRAINED HELPERS

Text4Hope
393939



The Lethbridge Public Library is excited to announce that they will be offering no fee library cards for the remainder of 2020.

[CLICK HERE](#)



Attention students in Grade 12...

Please be aware of the recent changes to the Lethbridge School Division's Counselling Model. Career Practitioners are no longer a part of high school counselling teams.

Please visit our Division's Career Services Page for updated information about.

- career planning and preparation
- scholarships (watch for deadlines)
- events
- University Virtual Open Houses and Tours
 - U of Calgary October 21, 2020 4:00-5:00



[CLICK HERE](#)
Career Services Page



Check out our growing website full of mental health resources and activities. for home and school.

<https://www.mhcblethsd.com>

[f @supportingfamilywellness](#)

[CLICK HERE](#)

Attention Teachers



[CLICK HERE](#)

Join Christina Harvey for a Free 30 minute 'Lunch and Learn' Registration Deadline: Monday September 29, 2020



FOR TEACHERS: Christina will take you through the 'Top 3 Resources' that Alberta Health Services personnel turn to when their support for assistance is requested. Christina Harvey, the session facilitator is all too familiar with the stressors our children are facing and is looking forward to spending this time with you. Follow the link to register.

THE EMBODIMENT CONFERENCE
14th - 25th October 2020, Online

Come home to your body.

Free access to world-class teachers, practical tools for times of turmoil, and a supportive global community




FAMILY RESOURCE NETWORK - LAUNCH EVENT
PLEASE JOIN US & MEET SERVICE PROVIDERS WORKING TOGETHER TO OFFER INCLUSIVE AND ACCESSIBLE FAMILY SERVICES

THURSDAY OCTOBER 8 2020

3-6 pm
Meet us at the Southern Alberta Ethnic Association for an afternoon filled with family fun, information, door prizes, and snacks!

SAVE THE DATE

This event is in compliance with Alberta Health



Sign up for the Lethbridge Family Service News Letter to stay up to date on supports and groups.

For more information, contact LFS Counselling Intake:

403-327-5724

CounsellingIntake@LFSFamily.ca

[CLICK HERE](#)