



# Cheer Team Information Package

Welcome!

Your athlete has expressed interest in the Park Meadows Cheerleading Program for the 2018/19 Season. The purpose of this document is to ensure each family clearly understands and accepts all obligations and other important expectations and requirements of the cheerleading program. This document also provides a summary of policies.

## Program Director

Samantha Paradee Bus. Ph : 403-328-3990 email: sam@perfectstormathletics.com

## Teacher Advisor

Stacey Hegland email: stacey.hegland@lethsd.ab.ca

## Coaches

Grades 1-3 (Kittenz) Mackenzie Sokolowski

Grades 4/5 (Katz) Caoilfhinn McGinnity & Samantha DeCoste

## Mandatory Practice Times

### Late September - Early April

- Tuesdays 3:30-5pm Grades 1-3 (Kittenz)
- Thursdays 3:30-5pm Grade 4/5 (Katz)

Coach Samantha owns Perfect Storm Athletics, an All Star Cheerleading facility and due to both the time management of our volunteer coaches and the opportunities practicing in a fully equipped facility provides; the Park Meadows cheer team will split their time practicing in the gym at Park Meadows and offsite at Perfect Storm Athletics. All practice locations will be communicated weeks in advance.

## Financial Obligations

DUE DATE	DESCRIPTION	AMOUNT
Sep 20	Payment 1	\$150
Oct 20	Payment 2	\$150
Nov 20	Payment 3	\$100

The entire program including competition fees, practice gear and competition gear is \$400.00. All transactions are through School Cash Online.

*We also support and assist qualifying families to apply for Jumpstart & Kid Sport Subsidies.*

- Tumbling is recommended but not mandatory for Park Meadows athletes. Athletes can choose a weekly class or semi-private lessons at many cheer & gymnastics facilities within the city.
- Cheerleading shoes are not included in registration fees. Shoes will need to be purchased by families as there are many price points and options. Shoes must be completely white and can be purchased at many locations. You may also purchase shoes at Perfect Storm Athletics.

### **Mandatory Performance & Competition Dates**

- All competitions & performances listed below.
- Ticket prices and purchase deadlines will be announced by email as dates approach.
- Families are responsible for the transportation of their athletes to and from competitions.
- Athletes will have the opportunity to perform their routine prior to competition at our Perfect Storm Athletics and School Program Showcase

Event	Comp. Date	Location
Frostbite Showcase	Nov 25	Lethbridge
Imagine Cheer & Dance Championships	Jan 26	Lethbridge
Stampede City Cheer Challenge	March 16	Calgary
ACA Provincial Championships	April 13	Edmonton

### **Mid Season family travel and absence from practice**

- We respectfully request that families do not take holidays during our competitive months of September through April, with the exception of Christmas, Reading Week and Easter Break.
- Absences will result in athletes being placed in new positions, choreography, stunts and/or formations upon athlete's return. The team will run practices in the most effective way possible when an athlete is missing, putting the team's needs before the absent athlete's needs.
- If you will be absent from a practice the program director must be **verbally contacted directly or emailed.**

### **Athlete position changes and team level changes**

- Throughout the season coaches will make changes to routines for a variety of reasons. Athletes should expect this and be prepared for their roles within a routine to change.
- Coaches also reserve the right to change a team's competitive division during the season. This includes moving a team up or down a level.
- The Park Meadows cheerleading teams will compete in the Elementary Beginner and Novice categories for 2018-19.

### **Communication**

- Every month the program director will email a calendar to parents outlining upcoming events, deadlines, etc.
- Other emails. Please ensure your email address is kept current.

**We are looking forward to the NEW Cheerleading Season with great anticipation.  
Welcome to the Panther Cheer Family!**